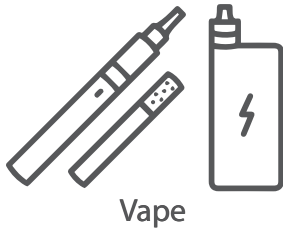


Tobacco Products & Your Child/Teen

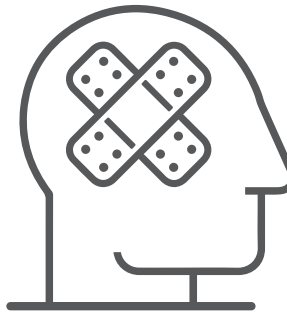


All tobacco products contain nicotine, including vapes. Nicotine is a highly addictive substance.



More people are addicted to nicotine than any other substance.

Nicotine is dangerous to the developing brain regardless of the product used.



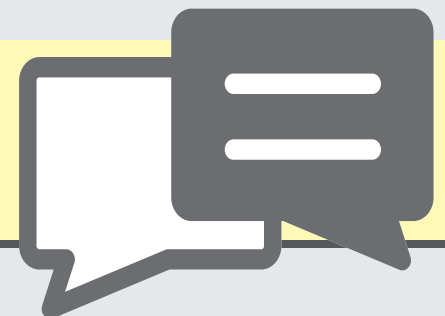
Research tells us that the brain continues to develop into your mid-20s. Use of any tobacco products, including vapes, can interfere with brain development, negatively affecting learning, judgement, and decision-making.

Nicotine use can increase depression, anxiety and stress.



Research supports that vaping has been associated with lung disease, oral health problems, academic underperformance, and mental health issues.

Talk to your child/teen about the negative effects of using tobacco products, including vapes.



Information from the National Institute on Drug Abuse