

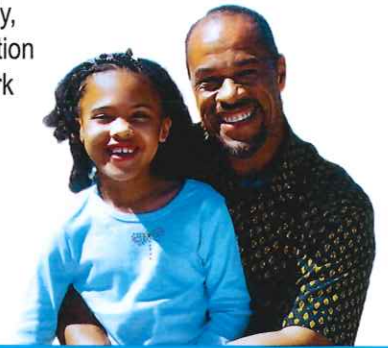
OUR MISSION:

The Chippewa Valley Coalition for Youth and Families joins School, Family, and Community in a partnership to promote healthy, resilient, and drug free youth and to prevent youth suicide.

MORE ABOUT US:

The Coalition includes representatives of all sectors of the community, including parents, students, Chippewa Valley Schools staff, law enforcement, government, business, the medical community, and 20 community and youth serving agencies. The youth perspective is provided by our Coalition Teen Councils, active student groups at Chippewa Valley and Dakota High Schools. We network with 22 local churches through the Interfaith/Chippewa Valley Partnership.

The Coalition sponsors programs that support youth mental health and drug prevention. We advocate for policies that protect youth and create educational materials and social media campaigns that are shared with coalitions and other groups in Macomb County, the state, and beyond. Coalition programs and initiatives are supported by donations and fundraising.



Visit our website - www.cvcoalition.org - and you will find free materials for students, parents, school staff, and community including:

- The Mobilizing Michigan...Protecting Our Kids from Marijuana Multi-Component Tool Kit
- Youth Marijuana and Vaping Prevention Lessons
- Prevention Information on Youth Alcohol Use and Prescription Drug Misuse
- Materials on Mental Health and Youth Suicide Prevention and Much More!

COALITION INITIATIVES INCLUDE:

- Coalition Teen Councils, Chippewa Valley & Dakota High Schools
- Annual Be Aware 5K for Youth Suicide Prevention
- Life of an Athlete Program
- SMART Moves, 5th Grade Drug Prevention Program
- Project Alert, Middle School Drug Prevention Program
- Professional Development/Conferences

- Parent and Community Education
- Prescription Drug Take Back Events
- Annual Red Ribbon Month Campaign
- Transition Programs for Parents and Students
- Parent-Student Dialogue Nights
- Alcohol/Tobacco Retailers Project



What Can Parents Do to Promote Healthy and Drug-Free Children/Teens?

Talk With Your Children/Teens About the Dangers of Vaping & Alcohol & Marijuana Use.





Chippewa Valley Schools
19120 Cass Avenue
Clinton Twp., MI 48038

IMPORTANT INFORMATION FOR PARENTS

The brain continues developing until the mid-20s.

Research tells us that Alcohol and Marijuana use and Vaping can damage the developing brain, creating problems with learning, memory, emotional well-being, and can result in addiction.

Talk with Your Children/Teens about the dangers of Vaping & Alcohol & Marijuana Use



Ask: How long do you think it takes for your brain to fully develop? **Listen.**

Inform: Your brain doesn't stop developing until you are 25 years or older.

Ask: What do you know about the effects of drinking, vaping, and the use of marijuana on your brain? **Listen.**

Inform: The use of alcohol, marijuana, vaping and other drug use can affect your ability to learn, do well in school, increase anxiety and depression, and can cause addiction. Tell them that you want them to be safe - and that you don't want them to use alcohol or other drugs, and there will be consequences if they do.

Take advantage of TEACHABLE MOMENTS - Passing billboards advertising marijuana, observing others vaping and smoking in the community, watching TV shows and movies, and listening to music. Use those opportunities to talk with your children/teens.

TALK EARLY! TALK OFTEN!



TIP: Briefer, more frequent talks are more effective than one long conversation.

Spend time with your children/teens learning more by visiting any of these websites together:

National Institute on
Drug Abuse (NIDA) (nih.gov)



thetruth.com



cvcoalition.org



www.cvcoalition.org