



*Joining School, Family, and Community in a partnership to promote healthy, resilient, and drug free youth and to prevent youth suicide*  
Visit our website at [www.cvcoalition.org](http://www.cvcoalition.org)

## September 2022 Coalition Newsletter



### Data from Focus Groups Conducted with District High School Students

In March of last school year, 6 focus groups were conducted with 41 (total) Chippewa Valley and Dakota High 9<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> graders by research assistants of Dr. Kathleen Zimmerman-Oser, a researcher at the University of Detroit Mercy. **Some student perspectives and recommended strategies to reduce teen alcohol, vaping and marijuana use might surprise you! These were:**

- Alcohol and vaped nicotine are the most common drugs used and the easiest to get, followed closely by marijuana. The use of drugs, e.g. opioid painkillers and heroin is very low.
- Parents and police need to give more extensive and more consistent consequences for substance use to reduce youth use.
- Most teens get alcohol from their parents' supply at home, often without their knowledge.
- Parents need to stay actively involved and connected with their teens throughout high school.
- Schools need to educate more on the long-term consequences of use and start at an early age.

### Support Our Youth Suicide Prevention Efforts



Register at [www.knowresolve.org](http://www.knowresolve.org)

**Keep Our Community & Our Youth Safe!  
Be part of the National DEA Prescription  
Drug Take Back Day.**

**BRING YOUR EXPIRED OR  
UNUSED MEDICINE FOR  
SAFE DISPOSAL**

*(Please – no liquid medicine, needles or inhalers)*



**Saturday, October 29, 2022**

**from 10:00 am - 2:00 pm**

**Two Locations:**

**Clinton Twp. Police Department - 37985 Groesbeck Highway, Clinton Twp.**

**Macomb County Sheriff Department - 43565 Elizabeth Road, Mt. Clemens**

**Questions? Call 586/723-2360**



# October is Red Ribbon Month

*A National Campaign to Create a Drug-Free  
America and to Protect Our Youth*

The National Red Ribbon Campaign is sponsored by the US Drug Enforcement Administration (DEA). For more information, visit [dea.gov](http://dea.gov).

Much research supports the **devastating academic, mental health, and negative developmental effects** that can result from Youth Use of Alcohol and Marijuana, Vaping Nicotine and THC, and the Use of Other Drugs.

**October 24<sup>th</sup> – October 28<sup>th</sup> 2022 is Red Ribbon Week in Chippewa Valley Schools. A variety of Red Ribbon activities is planned in district schools. More information will follow in our October Coalition newsletter.**



Visit the Coalition's website - [www.cvcoalition.org](http://www.cvcoalition.org) - and preview our free drug and suicide prevention resources.

Chippewa Valley Coalition For Youth And Families

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